
FUTURE IN MIND

Information for Professionals



Hampshire Parent Carer Network (HPCN) offers parent carers of children and young people aged 0-25 with any additional need the opportunity to work together with the services that support their child or young person

HPCN *Future in Mind* sessions are available to Parent Carers who have any concerns about their child or young persons mental wellbeing

The Future in Mind sessions work in collaboration with Hampshire CAMHS to provide parents access to mental health information, an opportunity to share their lived experience and to meet with other Parent Carers

There are **7** sessions a month

Based in 6 of the CAMHS Centres across Hampshire;
Basingstoke, Hart & Rushmoor, Winchester & Test Valley,
Eastleigh, Fareham & Gosport and Havant
Plus 1 Evening session per month

Self Refer - ALL Parent Carers are welcome!

For Session dates, times & venue or zoom codes,
please contact marybaldwin@hpcn.org.uk

HAMPSHIRE
PARENT CARER

NETWORK

enabling voices to be heard



SESSIONS ARE TAKING PLACE VIA ZOOM
DURING THE COVID-19 PANDEMIC.



www.hpcn.org.uk